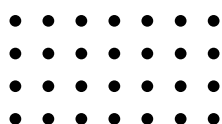


**CATHOLIC SOCIAL
SERVICE SOCIETY**

2024-25

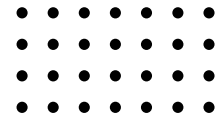
Activity Report



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Executive Summary



The Catholic Social Service Society (CSSS) has demonstrated its unwavering commitment to fostering social justice and uplifting marginalized communities throughout the year 2024-25. By enhancing livelihoods, promoting education, improving healthcare, and addressing digital inclusion, CSSS has successfully transformed lives and built sustainable pathways for self-reliance and dignity.

This year, CSSS significantly bolstered economic resilience by empowering farmers' clubs and self-help groups (SHGs) through comprehensive training programs. These initiatives enabled individuals to adopt sustainable agricultural practices, enhance entrepreneurial skills, and strengthen community networks. Through the cultivation of local leadership and collective action, CSSS has created a framework for enduring self-reliance and social cohesion.

Recognizing the importance of education and skill development, CSSS expanded its programs to equip individuals with practical, market-ready abilities. The Smart Skill Development Centre emerged as a groundbreaking initiative to bridge the digital divide, offering specialized digital literacy programs. These efforts empowered participants with essential technological skills, ensuring inclusivity and preparing them for opportunities in an increasingly digital economy.





To further promote economic stability, CSSS implemented innovative income-generation programs targeting vulnerable sections of society. These initiatives provided participants with tools and resources to establish small businesses, access markets, and achieve financial independence. By integrating skill development with livelihood promotion, CSSS ensured the sustainability of its empowerment model, addressing both immediate and long-term needs. Education remained at the heart of CSSS's mission. The Society focused on providing equitable access to quality learning opportunities for underprivileged children and youth. These educational initiatives not only supported academic growth but also fostered environments conducive to personal development, helping to break intergenerational cycles of poverty.

In healthcare, CSSS, through its health institution St. Joseph Community Hospital, prioritized delivering essential services to underserved populations. By emphasizing preventive care and organizing community health initiatives, CSSS addressed critical gaps in healthcare access, particularly in remote and marginalized areas. These efforts underscored the Society's commitment to holistic well-being as a cornerstone of community development.

St. John's Rehabilitation Centre, a special school under the aegis of CSSS, exemplified the Society's commitment to inclusivity. The Centre expanded its therapeutic programs this year, incorporating advanced methodologies to cater to the diverse developmental needs of children with special needs. Vocational training programs were introduced to foster independence and self-worth among students. The Centre also engaged families through workshops aimed at building inclusive support systems, emphasizing the role of community in nurturing these young lives.

The achievements of 2024-25 reflect CSSS's relentless dedication to building an equitable society. Through its multidimensional approach, spanning livelihood promotion, education, health care, and digital inclusion, the Society has continued to transform lives and create pathways to dignity, self-reliance, and hope.

MAJOR ACTIVITIES OF THE YEAR

2024-25

A. Livelihood Promotion

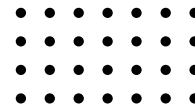


A.1 Skilling of SHGs on Agri and Non-Agriculture activities

Over the past year, we successfully conducted 27 comprehensive training programs focusing on key trades such as marigold farming, mushroom cultivation, food processing, millet production, vegetable cultivation, and beekeeping. These initiatives were designed to enhance livelihoods by equipping families associated with Self-Help Groups (SHGs) with the technical expertise needed to establish and sustain small business ventures.

To ensure holistic development, we emphasized social mobilization and the cultivation of collective agency. By providing a supportive platform, we empowered women to build self-confidence, acquire essential skills, and overcome systemic barriers and disparities. These efforts were complemented by interactive workshops, motivational talks, and the use of real-life case studies, inspiring participants to engage actively and commit to both personal and community growth.

our training programs incorporated components on account management and advanced techniques across agricultural and non-agricultural sectors, promoting livelihood security and economic resilience. Together, these measures reflect our unwavering commitment to fostering sustainable development and creating opportunities for inclusive progress.



A.2. Rebuilding capacity for small and marginal farmers

To strengthen the capacity of small and marginal farmers, we successfully organized 28 training programs covering a wide range of topics, including vegetable cultivation, organic farming, mushroom cultivation, horticulture, floriculture, soil testing and fertility, and the use of traditional manures. These training sessions were designed to enhance the knowledge and skills of farmers, ensuring better productivity and sustainable practices.

As part of the program, participants received education on the benefits of using vermicompost, bio-fertilizers, organic fungicides, and organic pesticides in vegetable farming. They were encouraged to adopt these eco-friendly practices to promote healthier crops and maintain soil fertility. Special attention was given to training farmers in proper crop spacing and irrigation techniques, enabling them to optimize their yields effectively.

Farmers were also guided on the importance of utilizing only well-decomposed manure in their fields. This approach not only ensures the production of high-quality crops but also contributes to the long-term health of their soil. Through these efforts, we aim to empower farmers with the tools and knowledge to adopt sustainable agricultural practices and enhance their livelihoods.

A.3 Livestock Management

We conducted 19 comprehensive livestock management training sessions throughout the year. These interactive programs were designed to address the diverse challenges faced by farmers, equipping them with the expertise necessary to enhance livestock productivity and ensure long-term sustainability.

Participants were meticulously trained on animal feeding and nutrition strategies to promote optimal growth and health among livestock. They were also educated on general husbandry practices aimed at improving farm productivity and profitability. Additionally, the sessions focused on the identification and management of common health problems encountered on farms, equipping farmers with effective tools to mitigate potential losses.

Special emphasis was placed on deworming practices and their importance in maintaining herd health, along with detailed guidance on immunization and vaccination techniques to prevent disease outbreaks. Furthermore, valuable insights were shared on livestock insurance policies to help farmers safeguard their investments against unforeseen risks.

The training programs also introduced modern techniques such as waste management, disease surveillance, and record-keeping to encourage efficient and eco-friendly livestock management practices. Through demonstrations, discussions, and real-life case studies, participants were inspired to adopt innovative solutions and sustainable strategies, contributing to resilient farming communities and enhanced livelihoods.

A.4 Promotion of Mushroom Development

In an effort to uplift economically disadvantaged families, we initiated a mushroom cultivation program, selecting 45 of the poorest families to participate. The selected families underwent an intensive month-long training program on mushroom cultivation, conducted at Krishi Vigyan Kendra, R.S. Pura, in collaboration with SKAUST.

During the training, participants gained comprehensive knowledge of the entire process, including composting, spawning, turning, casing, crop maintenance, and harvesting. This hands-on training ensured that they were well-equipped with the expertise required to manage their mushroom units effectively and independently.

After completing the training, beneficiaries were provided with mushroom bags filled with ready compost and casing material. These bags were distributed based on the available space at their homes or farms. We distributed a total of 1200 bags in the month October and November 2024 to 45 economically vulnerable families.

Each bag produced 2 to 3 kilograms of mushrooms, generating profits ranging from ₹3,000 to ₹20,000 per family, depending on the number of bags utilized. This step further solidifies our commitment to fostering sustainable livelihoods and improving the economic well-being of marginalized communities.



A.5 Formation and strengthening of Community Based Groups (CBGs)

Community-Based Organizations (CBOs) have proven to be pivotal in addressing critical societal challenges and improving the well-being of individuals, particularly those from marginalized sections of society. Recognizing their transformative potential, our focus this year has been on both strengthening existing Community-Based Groups (CBGs) and fostering the formation of new ones to drive sustainable development at the grassroots level.

In pursuit of this goal, we conducted 77 orientation programs across various targeted villages. These programs were strategically designed to empower and mobilize women, farmers and other vulnerable groups, encouraging their active participation in developmental initiatives. The sessions covered a diverse range of topics, including leadership development, financial literacy, participatory decision-making, and strategies for effective community mobilization.

The orientation programs emphasized the importance of collective agency and social cohesion in addressing shared challenges and fostering inclusive growth. By building the capacities of these groups, we aimed to equip participants with the skills and confidence needed to advocate for their rights, access available resources, and lead initiatives that contribute to their community's overall well-being.

Special attention was given to women's participation, as they are instrumental in driving meaningful change within their communities. Through these programs, women were encouraged to take on leadership roles, voice their concerns, and actively contribute to the decision-making processes within their groups.

Our efforts in strengthening CBGs extend beyond these programs. We also facilitated networking opportunities for these groups, enabling them to collaborate with local institutions, government bodies, and other stakeholders to enhance their impact. This holistic approach ensures that CBGs become resilient and self-sustaining entities capable of addressing community needs effectively.

By fostering the development and strengthening of CBGs, we aim to create a

foundation for lasting social and economic empowerment, ensuring that communities are well-equipped to overcome challenges and thrive collectively.

A.6 Livelihood Support Programme

In response to the economic vulnerabilities faced by migrant families, we implemented a targeted livelihood support program to strengthen the economic resilience of the most marginalized households. This initiative aimed to enhance the financial stability of migrant communities while reducing their dependency on external assistance.

As part of this program, we extended partial support to 8 members of the migrant population across 6 locations, equipping them with essential tools and resources to establish sustainable livelihood activities.



Specifically, the support included the provision of 8 motorized stitching machines, enabling beneficiaries to start or expand tailoring businesses and generate consistent income. Additionally, 2 beauty parlours were set up, empowering individuals to venture into the service sector and tap into local market opportunities. To further diversify income sources, we also provided 3 pushcarts, facilitating mobile vending opportunities for beneficiaries to sell goods and services directly to their communities.

This program not only provided essential resources but also included tailored training and mentoring sessions to equip participants with the skills needed to effectively utilize the support provided. By fostering entrepreneurship and self-reliance, the initiative has significantly contributed to improving the livelihoods of these vulnerable families, paving the way for long-term economic stability.

A.7 Skill Training Programme

Over the past year, we have successfully conducted comprehensive courses in cutting and tailoring, as well as beauty culture, aimed at empowering young women with essential skills and fostering self-reliance. These six-month-long courses were held across 6 locations for cutting and tailoring and 2 locations for beauty culture, catering to the developmental needs of 136 girls. The beneficiaries predominantly included high school dropouts and unskilled young women, who were seeking opportunities for economic independence and personal growth.

The curriculum was meticulously designed to integrate both theoretical knowledge and practical skills, ensuring a holistic learning experience. Participants were

trained not only in technical aspects of their respective fields but also in developing the confidence and competence needed to thrive in these professions. The courses sought to motivate and equip these young women with the tools to become self-sufficient and overcome systemic barriers to their progress.



To ensure the effectiveness and sustainability of the program, regular monitoring visits were conducted to track progress and address challenges faced by the participants. Internal evaluations were carried out to assess the quality and impact of the training. Additionally, tailored workshops and supplementary sessions were organized, covering critical areas such as entrepreneurship development, client management, and financial inclusion. These sessions provided the participants with valuable insights and guidance, enabling them to navigate the complexities of starting and managing their own ventures. Through this initiative, we not only aimed to enhance the participants' employability but also sought to inspire them to take charge of their lives and contribute positively to their communities. This program reflects our unwavering commitment to empowering marginalized young women and building a foundation for their socio-economic upliftment.





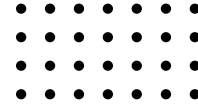
A.8 Income Generation Training Programmes

This year, we successfully conducted 11 income generation programs tailored to the skills, interests, and specific needs of 175 Self-Help Group (SHG) members. These programs were strategically designed not only to equip participants with valuable competencies but also to reflect a deep commitment to sustainable practices and local entrepreneurship, fostering pathways to economic resilience and self-reliance.

A major focus of the training revolved around food processing, which included preservation techniques and the preparation of various food products to promote both food security and potential business ventures. Participants were provided specialized training in processing milk-based products such as paneer and kaladi, which are highly marketable and hold cultural significance in local communities. Additionally, the creation of dry fruit bars and seasonal pickles added further diversity to the skill set, enabling SHG members to cater to a wide range of consumer preferences while tapping into niche markets. Training in fruit and fish processing further broadened the participants' expertise, offering access to specialized markets with significant growth potential.

The programs also emphasized eco-friendly and sustainable practices through training in jute bag making, an activity that not only stands out as an environmentally conscious alternative to plastic but also provides an income-generating avenue. Furthermore, a unique session on ornamental flowering explored the aesthetic and recreational potential of horticulture. This training was designed to enhance participants' skills in beautifying community spaces while also supporting mental well-being through green initiatives.

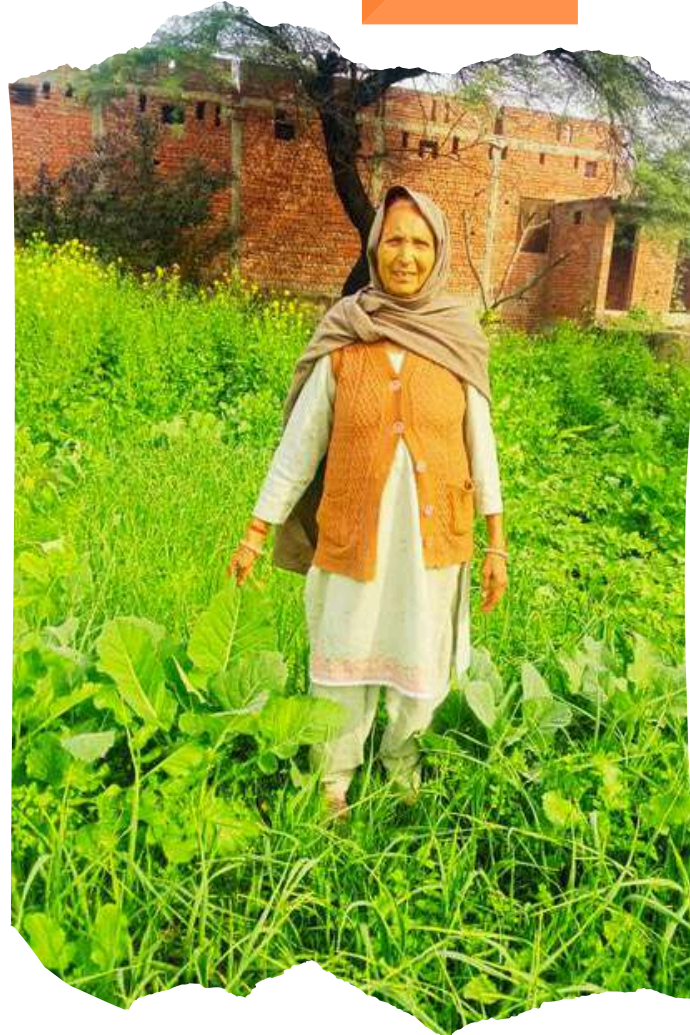
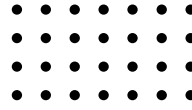
Each training program incorporated both theoretical and practical components, ensuring a well-rounded learning experience for participants. To strengthen entrepreneurial capabilities, sessions included guidance on business planning, financial management, and client engagement, empowering SHG members with the confidence to start and sustain their own ventures. Regular monitoring and support were provided to ensure the effective implementation of the knowledge gained.



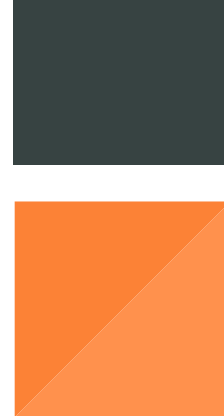
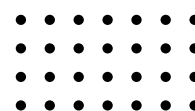
A.9 Training on Kitchen Gardening

We organized 7 comprehensive training sessions in kitchen gardening, benefitting 115 members of Self-Help Groups (SHGs). These programs were conducted in collaboration with the agricultural and horticultural departments to ensure a scientific foundation and alignment with best practices tailored to seasonal cycles. The initiative aimed to equip participants with skills in vegetable cultivation, enabling them to contribute to sustainable agricultural practices while simultaneously enhancing household income. Practical demonstrations formed a core part of the training, providing hands-on experience essential for understanding the intricacies of vegetable cultivation. Participants gained valuable insights into soil preparation, crop selection, irrigation techniques, pest control, and harvesting, ensuring they were well-prepared to establish and maintain successful kitchen gardens.

To encourage immediate application of the techniques learned, we distributed vegetable seed kits to all participants. This not only provided the resources necessary to set up their own gardens but also fostered a sense of ownership and motivation. By implementing these newly acquired skills, many participants have reported positive outcomes, with some families generating additional monthly savings of ₹2,000 to ₹3,000 by cultivating fresh produce for household consumption and selling surplus vegetables in local markets.



B. Health Promotion



B.1 Health Awareness Programmes on Menstrual Hygiene and Nutritional requirements

Over the past year, we successfully organized 15 comprehensive health and nutrition programs aimed at empowering women with essential knowledge and resources to maintain a healthy lifestyle. Recognizing the critical role women play in managing household responsibilities, these programs emphasized the importance of prioritizing their own health needs, often neglected and leading to widespread poor health among women.

The sessions began with in-depth education on essential nutritional requirements, focusing on dietary needs tailored to women's unique health demands. Participants were guided on how to incorporate balanced diets into their daily routines despite the challenges posed by economic constraints or time limitations. Additionally, significant attention was given to menstrual hygiene management, providing comprehensive information to promote awareness and break stigmas surrounding this essential aspect of women's health. To directly address common health challenges, participants were provided with

free sanitary napkins and iron supplements, helping tackle prevalent deficiencies such as anemia. This practical support complemented the educational components, ensuring that women were equipped not just with knowledge but also with the tools to implement healthier practices in their lives.

Furthermore, the programs adopted an interactive approach, including workshops and group discussions to foster a sense of community and mutual encouragement among participants. Real-life examples and practical tips were shared, making the sessions highly relatable and impactful. As a result, many participants have reported improved awareness and proactive efforts in maintaining their well-being, highlighting the program's success in fostering long-term health consciousness.

Through this initiative, we aimed to empower women not only to improve their own health but also to become advocates of well-being within their families and communities. These programs underscore our commitment to addressing gender-specific health concerns and building a foundation for healthier, more informed households.



B.2 Health Awareness Programme on WASH

During the first year of the project, we successfully conducted 22 programs focusing on Water, Sanitation, and Hygiene (WASH) practices, with active participation from 502 individuals. These sessions were designed to serve as a comprehensive platform to educate and inspire individuals to adopt healthier habits, thereby fostering a ripple effect of positive change that extends beyond individual households to the entire community.

The programs placed particular emphasis on essential WASH practices, including regular handwashing, the use of clean and safe water, and proper waste disposal methods. These behaviours, while simple, play a pivotal role in enhancing hygiene and sanitation standards, preventing the spread of diseases, and improving overall community health.

To ensure a practical and impactful learning experience, the programs incorporated interactive demonstrations and hands-on activities. Participants were taught effective techniques for water purification, waste segregation, and maintaining cleanliness in shared spaces, reinforcing the importance of collective responsibility in achieving community-wide sanitation goals.

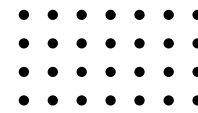


The hygiene practices highlighted during the sessions were carefully curated to address the most pressing behaviours that influence health outcomes. Participants were encouraged to view these practices not only as personal habits but as contributions to the well-being of their families and communities. By promoting a culture of cleanliness, these programs have significantly contributed to the reduction of preventable illnesses and the enhancement of quality of life.



B.3 Medical Check-up camps

Over the past year, our dedicated team of St. Joseph Community Hospital organized 20 comprehensive medical checkup camps, including two exclusively for women in the target villages. These camps aimed to provide accessible healthcare to underserved communities and address a wide range of health concerns effectively.

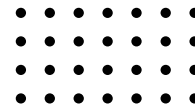


A total of 1,605 individuals benefited from these health camps, undergoing general health checkups and receiving free medications to manage their conditions. Common health issues identified during the camps included pain, gastrointestinal disorders, allergies, and general weakness. These ailments were managed symptomatically, ensuring participants received immediate relief and appropriate guidance for ongoing care.

Special emphasis was placed on screenings for hypertension. Individuals with prior diagnoses were monitored for compliance with treatment, while newly detected cases with significant concerns were promptly referred to specialized centers for advanced care and management. This proactive approach ensured early intervention and better health outcomes for those affected. In addition to addressing general health, the camps focused on vision care.

Comprehensive evaluations for vision impairments and other ophthalmological conditions were conducted, with referrals provided to specialized departments for further diagnosis and treatment. This initiative helped many individuals access critical eye care services that would otherwise remain unavailable to them. The camps also served as a platform to educate participants on preventive healthcare practices, emphasizing the importance of regular health checkups and healthy lifestyle choices. Interactive sessions were conducted to create awareness about managing chronic conditions, maintaining proper nutrition, and reducing risk factors for prevalent health concerns.

By providing high-quality medical care and fostering health awareness, these camps have made a lasting impact on the well-being of the participating communities. They embody our commitment to bridging healthcare gaps and promoting a healthier, more informed population.

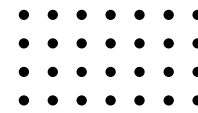


B.4 Setting up of Ophthalmology Unit at St. Joseph's Community Hospital

The modern ophthalmology unit at St. Joseph's Community Hospital in Barjani Talab, Smilpur, Bari Brahmna, Jammu, was established to address the pressing need for high quality eye care services, particularly for those in the community who cannot afford the high costs typically associated with such care. The unit's comprehensive facilities include an outpatient section equipped with state-of-the-art diagnostic tools for thorough examinations and early detection of eye disorders, an inpatient section designed to provide intensive care and a comfortable environment for patients undergoing treatment or surgery, and an operation theatre outfitted with the latest technology to perform a range of eye surgeries, from routine procedures to more complex operations. These modern amenities ensure that patients receive the highest level of care in a safe and hygienic environment. The success of this ophthalmology unit is not only due to its advanced facilities but also the dedicated team of healthcare professionals who staff it. This team, which includes experienced ophthalmologists, nurses, and support staff, is committed to delivering exceptional and personalized care to every patient. Their expertise and dedication are instrumental in achieving positive patient outcomes and ensuring that each individual receives the best possible treatment. By establishing this advanced unit, St. Joseph's Community Hospital has made significant strides in bridging the gap in eye care services within the region, making quality eye care accessible to all, irrespective of their financial situation. This initiative underscores the hospital's mission to enhance the health and well-being of the community it serves, demonstrating a profound commitment to providing equitable and comprehensive healthcare.



C. Inclusive Education



C.1 Participatory Knowledge Centres (PKCs)

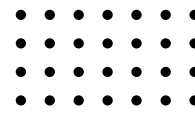
The establishment of Participatory Knowledge Centres (PKCs) in 15 target villages has profoundly contributed in achieving the intended developmental goals. These centres have become vibrant spaces for holistic growth, serving not merely as academic support hubs but also as nurturing grounds for fostering confidence, active participation, and leadership among children.

Currently catering to the educational needs of 225 children, the PKCs have provided a platform for comprehensive learning, promoting both academic excellence and personal development. Beyond traditional academic pursuits, the centres have introduced activities designed to enhance critical thinking, problem-solving skills, and creativity. By encouraging collaborative learning and peer interaction, the PKCs have cultivated a strong sense of community and mutual support among the children.

To make education more engaging and impactful, the PKCs incorporate innovative teaching methodologies, such as interactive sessions, storytelling, and the use of audio-visual aids. Additionally, regular workshops on topics like life skills, health awareness, and environmental conservation are conducted to broaden the children's horizons and prepare them for real-life challenges.

These centres also work closely with parents and community stakeholders, fostering a supportive ecosystem that underscores the importance of education. Through these efforts, the PKCs have not only improved academic performance but have also equipped children with the confidence and skills needed to navigate their future with self-assurance.





C.2 Capacity building of Teachers

The capacity-building program for the instructors of Participatory Knowledge Centres (PKCs) aimed to strengthen their expertise in thematic learning and inclusive education. The initiative focused on equipping teachers with advanced skills and methodologies to enhance the learning experiences of students and promote an inclusive and supportive educational environment.

To achieve this goal, a series of training programs were meticulously organized. Experienced experts from relevant fields were engaged to lead these sessions, bringing valuable insights and practical techniques. The trainers introduced various innovative methods of thematic learning and provided strategies for effectively engaging children, particularly during group work sessions. This interactive approach encouraged instructors to adopt dynamic teaching practices that resonate with the diverse needs of their students.

Role-play sessions were an integral part of the training, allowing instructors to practice and internalize new teaching techniques in a collaborative and engaging manner. These role-plays not only enhanced the instructors' confidence but also offered real-world scenarios for applying the methods discussed. By fostering an interactive and hands-on learning environment, the training programs ensured that teachers were well-prepared to implement these strategies effectively.

The program served as a platform for knowledge sharing and collaboration among instructors. It encouraged the exchange of ideas and best practices, building a sense of community and mutual support among the teaching staff.

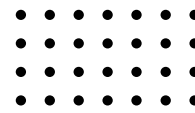
C.3 Formation and strengthening of Neighbourhood Children Parliament

In Nagrota area, there are currently four functional Neighbourhood Children Parliaments (NCP). These parliaments serve as platforms for children to come together and address the challenges they face within their community. Regular meetings are held to engage the children in understanding child development and community issue that impact society as a whole. Recognizing that children are integral to society, efforts have been made to ensure they are aware of their rights and provisions as guaranteed by the Indian Constitution. The NCP enables children to identify social issues and work towards practical solutions, promoting both personal growth and community development.

C.4 Capacity building-NCP leaders

This program was designed to provide members with in-depth technical knowledge about child rights and various levels of participation, with the ultimate goal of fostering advocacy and empowerment. The session commenced with a brief introduction, during which participants shared their expectations, creating a collaborative and engaging environment.

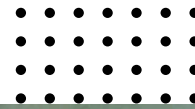
The expert facilitator led a detailed discussion on the fundamental principles of child rights, highlighting the importance of active and meaningful involvement in upholding these rights. Participants were encouraged to explore practical steps to ensure greater engagement, with a focus on creating safe spaces, promoting inclusivity, and instilling a sense of shared responsibility within their communities.



The program incorporated individual tasks to encourage self-reflection, paired with group-sharing activities to foster collaboration and collective learning. These interactive elements not only deepened participants' understanding of the subject matter but also strengthened their ability to apply these principles effectively in real-world scenarios.

Additionally, the sessions emphasized the role of individuals as advocates for child rights and their ability to drive change at both personal and community levels. By empowering participants with the tools and knowledge required, the program contributed to their personal growth and equipped them to play a pivotal role in promoting child rights and fostering community well-being.



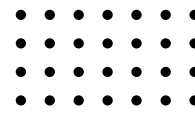


C.5 Creative Workshop for Children

Creative workshops were organized with the aim of fostering children's understanding of developmental themes while promoting self-expression and exploration. These workshops served as interactive platforms, combining education with creativity to encourage holistic learning and personal growth.

The sessions delved into various themes such as friendship, empathy, resilience, and diversity, using innovative storytelling techniques to captivate the children. Interactive storytelling sessions stood out as a central feature, where children were immersed in imaginative narratives that brought these themes to life. Through these stories, participants were encouraged to reflect on the values and lessons embedded within, fostering a deeper understanding of emotional and social development.

In addition to storytelling, the workshops incorporated art, group activities, and discussions to enable children to explore their thoughts and ideas creatively. This multifaceted approach not only enhanced their thematic comprehension but also inspired them to develop critical thinking and communication skills. By creating an engaging and supportive environment, the workshops empowered children to connect with important life values while exploring their creative potential. These initiatives showcased the transformative power of creativity in nurturing personal growth and building a foundation for a more empathetic and resilient generation.



C.6 Accelerated Learning Centres

To provide additional support to marginalized children and ensure continuity in their school education, 15 Accelerated Learning Centres (ALCs) have been set up in the target villages of Nagrota block. These centres aim to nurture the holistic development of children, focusing not only on their academic growth but also on fostering essential life skills and confidence.

Currently, the centres cater to the educational needs of 250 primary school-aged children, offering a safe and supportive environment where they can thrive. Beyond academic assistance, the ALCs place a strong emphasis on promoting extracurricular activities. A variety of healthy competitions, such as art, quiz, and sports events, are regularly organized to encourage creativity, teamwork, and a sense of collective action among students.

The centres also incorporate interactive and innovative learning methodologies to ensure that education is engaging and impactful. By addressing both the academic and social development of children, the ALCs play a crucial role in bridging educational gaps and empowering students to reach their full potential.

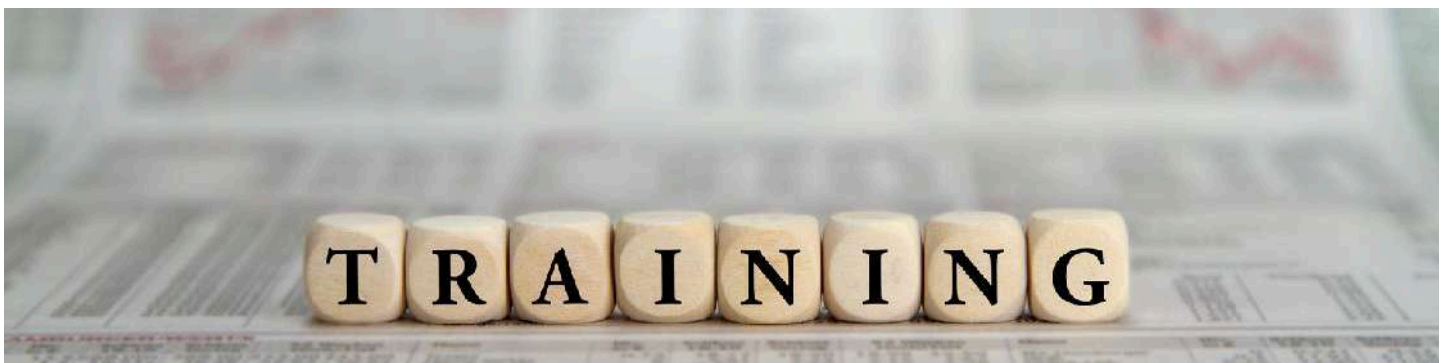
C.7 Capacity building of Teachers on Inclusive education

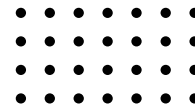
The capacity-building program for the instructors of Accelerated Learning Centres (ALCs) was designed with the core objective of equipping them with the knowledge and skills to implement thematic learning and inclusive education effectively. This initiative aimed to empower instructors to create dynamic and supportive learning environments for their students.

To achieve this goal, structured training programs were organized, featuring experts with extensive experience in the relevant fields. These experts shared innovative techniques and methods of thematic learning, ensuring that instructors gained a comprehensive understanding of the approach. The training also emphasized strategies for engaging children effectively during group work sessions, enabling instructors to foster collaboration and active participation among students.

A key highlight of the program was the incorporation of role-play sessions, which introduced instructors to new and creative teaching techniques. These sessions allowed participants to practice and internalize the methods in a hands-on and interactive manner, making the learning process both engaging and practical.

Beyond technical training, the program created a platform for instructors to exchange ideas, experiences, and best practices, fostering a community of mutual support and professional growth. By focusing on both pedagogical and interpersonal skills, the initiative ensured that instructors were well-prepared to meet the diverse needs of their students.





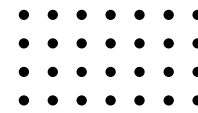
C.8 Remedial Centers

Remedial centres have been established to address the distinct educational challenges that migrant children often face due to their unique circumstances. These challenges include language barriers, interruptions in prior learning, and restricted access to quality education resources. To bridge these gaps, these centres are designed as targeted support systems aimed at ensuring these children can access education that is both knowledge-based and inclusive.

The six operational remedial centres serve as safe, nurturing spaces where the educational needs of 105 children are met. Within these centres, specialized programs focus on helping children overcome language difficulties through tailored language-learning sessions. Additionally, efforts are made to address disparities in prior learning through customized lesson plans, enabling students to catch up academically at their own pace.

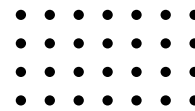
Trained educators at these centres adopt interactive teaching methods to make learning engaging and effective. Beyond academics, the centres often incorporate activities that promote social skills and emotional well-being, recognizing the holistic needs of migrant children. The ultimate goal of these remedial centres is to empower these children with the tools, skills, and confidence needed to pursue future educational opportunities and thrive despite the challenges they face.

D. Governance & Digital Learning



D.1 Orientation programme on digitalisation

During the year we conducted 14 orientation programmes in different target villages by engaging 417 individuals from diverse community-based organizations (CBOs). The aim of the programme was to educate participants about digital tools and their application in daily in an increasingly digital world. We modified the orientation as per needs of the specific groups, such as farmers and Self-Help Groups (SHGs), the program ensured that the information is relevant and immediately applicable. This approach can significantly enhance productivity by introducing efficient farming techniques and streamlining SHG operations through digital means. Moreover, the use of digital tools can open up new opportunities for income generation, better market access, and improved communication within these communities. As the world moves forward, such initiatives play a pivotal role in bridging the digital divide and fostering an environment where technology becomes a lever for socio-economic advancement. Such as farmers and Self-Help Groups (SHGs), the program ensured that the information is relevant and immediately applicable. This approach can significantly enhance productivity by introducing efficient farming techniques and streamlining SHG operations through digital means. Moreover, the use of digital tools can open up new opportunities for income generation, better market access, and improved communication within these communities. As the world moves forward, such initiatives play a pivotal role in bridging the digital divide and fostering an environment where technology becomes a lever for socio-economic advancement.



D.2 Awareness programme on digital learning and government schemes

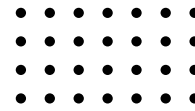
During the year we conducted 18 programmes in which 512 people participated. The programme aimed to equip the rural population with the necessary knowledge to navigate government portals and utilize digital tools for essential tasks such as form submission, KYC updates, subsidy applications, financial transactions, job applications, and educational opportunities, these programs helped to empower people. As the world continues to evolve digitally, ongoing efforts to improve digital awareness and literacy will remain vital for ensuring that no one is left behind in the digital revolution. The success of these programs in enhancing basic digital understanding is a positive step towards a more connected and informed rural populace, paving the way for their active participation in the digital economy.



D.3 Meeting between GP and SHG members

Panchayati Raj Institutions (PRIs) play a pivotal role in the decentralized governance system in India, acting as a conduit for the implementation of various social security schemes aimed at uplifting women and Below Poverty Line (BPL) families. The essence of conducting meetings with GP lies in fortifying the support structure at the grassroots level, ensuring that the benefits of government schemes reach the most marginalized sections of society. These meetings serve as a critical interface between the SHG members and service providers, offering a platform for direct communication and problem-solving. The meetings highlight both the strengths and weaknesses of the existing structure, fostering awareness among the people about their governance and encouraging active participation in the democratic process.

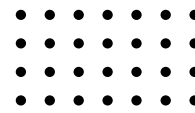
In the coming years, it is imperative to continue these dialogues, focusing on refining the system of local self-governance. This will involve addressing the challenges identified, exploring innovative approaches to enhance service delivery, and ensuring that the social security schemes are accessible to all eligible individuals.



D.4. Formation & Strengthening of Panchayat Level Forum (PLF)

The formation and fortification of Panchayat-level forum meetings emerged as crucial pillars in fostering grassroots democracy and citizen empowerment. These gatherings served as dynamic platforms where community members converged to deliberate on pertinent issues, exchange insights, and collectively strategize for community development. In particular, recent initiatives focused on enhancing participants' understanding of the Government schemes available digitally, by equipping them with the necessary knowledge and tools to navigate its provisions effectively. Through engaging workshops and interactive sessions, attendees were empowered to comprehend their needs and adeptly navigate the process of drafting online applications to access needed services, thereby fostering transparency and accountability at the local level. We conducted a total of 10 such meetings during the year.





D.5 Smart Skill development Center

The Smart Skill Development Centre (SSDC), launched in October 2023 in the Akalpur Unit, has emerged as a transformative hub for skill enhancement and community empowerment. Serving the youth from 10 villages in the Akalpur area, the SSDC provides free short-term skill training courses aimed at fostering self-reliance and socio-economic development.

A cornerstone of the SSDC's offerings is its free computer education program, which equips farmers and village students with essential digital skills. This is complemented by training in social media awareness and email communication, empowering participants to navigate the digital world effectively. To further support digital literacy, the centre provides specialized training on "How to use Smart Phones" for everyday tasks and organizes sessions on "How to use Smart Phone Apps" tailored for farmers and youth. These sessions include interactive video lectures by experts, ensuring a rich and engaging learning experience.

The SSDC extends its services beyond technical skills by addressing the broader needs of the community. It provides career counselling for unemployed individuals, guiding them toward viable employment opportunities. Additionally, it functions as a Common Service Centre, facilitating access to various government services and resources. Awareness sessions on Government Schemes and Policies are also hosted regularly to educate villagers on programs that can benefit their livelihoods. In its first year of operation, the SSDC has successfully trained 80 students, empowering them with skills that enhance employability and self-confidence. By fostering a sense of community and solidarity, the centre is anticipated to significantly improve the socio-economic status of villagers, particularly youth.

More than just a training centre, the SSDC embodies a vision of innovation, learning, and empowerment. It serves as a testament to the transformative potential of smart skill development in rural areas, showcasing how targeted interventions can pave the way for inclusive growth and sustainable progress.

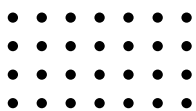
Participation in Government Programmes

2024-25



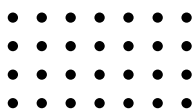
1. 22nd April 2024: A training session on marketing and business opportunities for horticulture crops was held at Krishi Vigyan Kendra (KVK), R.S. Pura. Attended by 22 farmers from R.S.Pura Unit, the program focused on equipping participants with skills to access profitable markets, manage produce efficiently, and understand the horticultural trade dynamics for better income.

2. 11th August 2024: During a Kisan Samelan and Farmer-Scientist Interaction event at Miran Sahib, the District Development Commissioner (DDC) released 109 new varieties of agricultural and horticultural crops. From RS.Pura unit, 25 farmers and 15 Self-Help Group (SHG) members participated in the programme for knowledge exchange and exposure to the latest advancements.



3. 17th September 2024: An awareness session introduced farmers to the Jalprayah Autotech controller technology, enabling precision irrigation. This innovative system promotes efficient water usage and conservation, supporting sustainable agricultural practices.
4. 11th October 2024: A one-day orientation-cum-training program on the Kisan Khidmat Ghar (KKG) initiative, part of the HOLISTIC AGRICULTURE DEVELOPMENT PLAN (HADP), in which 54 farmers from R.S.Pura unit of CSSS participated. The session emphasized KKG as a vital resource hub for enhancing agricultural productivity and resilience.
5. 22nd October 2024: A workshop on the PM KUSUM scheme held in which 34 farmers from our side learnt about solar-powered pumps, highlighting their benefits in reducing irrigation costs and improving profits. The session also covered installation processes and financial aspects.
6. 11th November 2024: An event organized by the JAKEDA Department of Science & Technology introduced the PM KUSUM "Blec" scheme, with participation from 40 farmers from R.S.Pura unit
7. 20th–23rd November 2024: A four-day National Kisan Sammelan (Kisan Mela) at SKUAST-Jammu saw an active turnout of 150 farmers from R.S.Pura, Bishnah and Akalpur Units.
8. 4th December 2024: An awareness program on minimizing pesticide use in agriculture and ensuring safe practices engaged 50 farmers in discussions on sustainable practices.



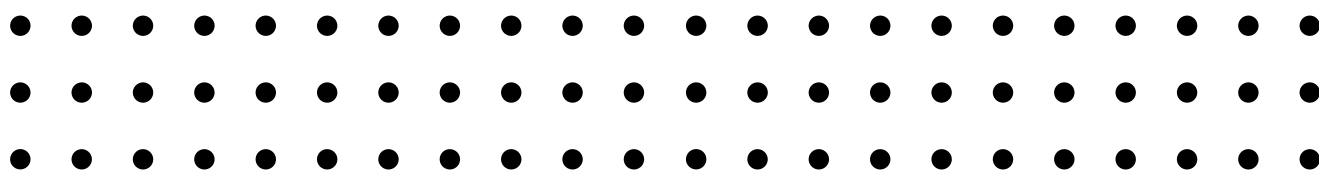


9. 24th February 2025: The PM Kisan Samman Samaroh was attended by 75 farmers from R.S.Pura Unit participated to celebrate their contributions and achievements in the agricultural sector.

10. 7th March 2025: A कृषक संगोष्ठी सह प्रशिक्षण कार्यक्रम under the SCSP योजना witnessed the enthusiastic participation of more than 150 SHG members and farmers from R.S.Pura and Bishnah Units.

11. 8th March 2025: A training and awareness program for farmers was organized at Krishi Vigyan Kendra (KVK) in Jammu. The program aimed to provide farmers with insights into the latest advancements in farming techniques and innovative practices. A total of 45 farmers from the R.S. Pura unit actively participated in the session. Experts conducted interactive sessions, focusing on modern agricultural methods, including sustainable farming practices, precision agriculture, and the use of technology to enhance crop productivity. The program also addressed challenges faced by the farming community and offered solutions tailored to the local context. This platform encouraged farmers to share their experiences, enabling peer learning and collaboration. By the end of the program, participants left equipped with practical knowledge and a renewed motivation to implement these techniques in their daily agricultural operations.

12. 17th March 2025: An Animal Health Camp was organized under the SCSP Plan as part of the Network Project. The camp catered specifically to 40 farmers from the R.S. Pura unit, aiming to improve animal health and productivity. Veterinary experts were present to provide consultations, conduct health check-ups, and administer necessary vaccinations and treatments for livestock. Farmers received detailed guidance on livestock management, including feeding practices, disease prevention, and improving overall animal well-being. The event emphasized the importance of animal health in supporting sustainable livelihoods and enhancing agricultural outputs. Additionally, the camp distributed informational materials to help farmers maintain the health of their livestock long after the event. This initiative fostered a deeper understanding among participants about the vital role of animal health in the agricultural value chain.



Press Releases

कठुआ केसरी ब्यूरो

आरएस पुरा! किसानों को सरकारी योजनाओं के साथ-साथ फसलों की बेहतर देखभाल करने संबंधी जागरूक करने के मकसद से कैथोलिक सोशल सर्विस सोसायटी की तरफ से गांव हकल में आयोजित जागरूक कार्यक्रम में पूर्व कृषि अधिकारी सरदार गुरदीप सिंह मुख्य तौर पर पहुंचे और किसानों को सरकारी योजनाओं के प्रति जागरूक करने के साथ-साथ गेहूं तथा सब्जियों की बेहतर पैदावार हासिल करने तथा उनकी बेहतर देखभाल करने संबंधी जागरूक किया। इस मौके पर समिति के सुभाष चंद्र सहित काफी संख्या में गांव के किसान मौजूद रहे। इस अवसर पर पूर्व कृषि अधिकारी सरदार गुरदीप सिंह ने कहा कि केंद्र सरकार की तरफ से किसानों की



बेहतरी के लिए काफी योजनाओं को शुरू किया गया है जिसका किसान वर्ग को लाभ उठाना चाहिए। इसके साथ ही उन्होंने गेहूं की फसल की बेहतर देखभाल करने संबंधी किसानों को जागरूक बनाया और कहा कि किसान फसल की बेहतर पैदावार हासिल करने के लिए समय-समय पर कृषि विज्ञान को से भी सलाह लेते रहे तथा अगर

गेहूं के पत्ते पीले रंग में तब्दील होते हैं तो तुरंत उस पर दवाई का छिड़काव करें! उन्होंने कहा कि कैथोलिक सोशल सर्विस समिति की तरफ से आयोजित किए जाने वाले इस जागरूक कैंप में उन्हें लगातार हिस्सा लेने का मौका मिलता है और किसानों को जागरूक किया जाता है।



इन लोगों से नहीं है। यहाँ तक कि स्थानीय शक्ति के नाम को प्रयुक्त नहीं करे। (सह)

आज सबकी जरूरत बन चुका है आयुर्वेद : डा. पवनदीप



सततारी ब्लॉक के गांव खदवाल में आयोजित शिविर के दौरान लोगों को आयुर्वेद के बारे में जानकारी देने डा. पवनदीप कोर ने जानकारी दी।

मौरा साहिब : कैथोलिक सोशल सर्विस सोसायटी आरएसपुरा जम्मू की ओर से जागरूकता कार्यक्रम का आयोजन किया गया। इस मौके पर आयुर्वेदिक डा. पवनदीप कोर ने लोगों को आयुर्वेद के प्रति जागरूक किया। इस मौके पर पूर्व कृषि अधिकारी गुरदीप सिंह तथा सुभाष चंद्र सहित काफी संख्या में गांववासी मौजूद रहे। ब्लॉक सततारी के अधीन आते गांव खदवाल में आयोजित शिविर में आयुर्वेदिक डा. पवनदीप कोर ने कहा कि आयुर्वेद आज जहाँ तक की जरूरत बन चुका है और कोरोना महामारी के दौरान भी आयुर्वेदिक तरीके से ही लोगों ने अपने आपको बीमारियों से बचाया। उन्होंने बताया कि आयुर्वेदिक दवाइयाँ इस्तेमाल कर इंसान पूरी तरह से अपने आपको फिट रख सकता है। डाक्टर ने कहा कि आज विश्व में भी आयुर्वेद को लोगों द्वारा अपनाया जा रहा है। इससे पहले सेवानिवृत्त कृषि अधिकारी गुरदीप सिंह ने किसानों को कृषि से संबंधित योजनाओं के बारे में जानकारी दी। इस मौके पर शिविर में कई लोग मौजूद रहे। (सह)

जम्मू/कठुआ, शुक्रवार 21 मार्च 2025

<http://www.kathuakesari.com>

दैनिक कठुआ केसरी

4

जागरूक कार्यक्रम में लोगों को स्वास्थ्य संबंधी किया गया जागरूक

कठुआ केसरी ब्यूरो

आरएस पुरा! लोगों को उनके स्वास्थ्य संबंधी जागरूक करने के लिए कैथोलिक सोशल सोसायटी की तरफ से क्षेत्र के गांव सिहोड़ा में एक एक दिवसीय जागरूक कैंप आयोजन किया गया जिसमें डॉ पवनदीप कोर तथा उनकी टीम की तरफ से लोगों को उनके सेहत संबंधी जागरूक किया गया और बताया गया कि किस तरह से लोग अपने आप को बीमारियों से दूर रख सकते हैं। इस मौके पर सुषमा कुमारी, चंचल देवी, गीता देवी तथा बबिता रानी सहित गांव की काफी संख्या में महिलाएं उपस्थित



रही। इस अवसर पर डॉ पवनदीप कोर ने कहा कि हमें अपनी सेहत

के प्रति हमेशा सतर्क रहना चाहिए और जरा सी भी स्वास्थ्य संबंधी शिकायत होने पर हमें डॉक्टर को सलाह लेनी चाहिए। उन्होंने कहा कि खासकर बच्चों को मौसमी बीमारियों से हमेशा बचा कर रखना चाहिए और मौसम तब्दील होते ही कई तरह की बीमारियाँ हमें अपनी चपेट में ले लेती हैं जिसे लेकर हमें पूरी तरह से सतर्क रहना चाहिए। उन्होंने बताया कि सोसायटी की तरफ से लगातार इस तरह के जागरूक कार्यक्रम चलाकर लोगों को उनके स्वास्थ्य संबंधी जागरूक किया जा रहा है। इस मौके पर गांव के अन्य लोगों ने भी अपने-अपने विचार रखे।



**CATHOLIC SOCIAL
SERVICE SOCIETY**

Activity Report

2024-25



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