# ANNUAL REPORT

# 2018-19



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Sustainable Livelihood Enhancement in 14 border villages of Bishnah Block	
Donor: Manos Unidas	Location: Bishnah & Arnia
Project Period: Jan 2018 - Dec 2020	Project Cost: 62,75,450.00

# Project Synopsis

The project is facilitating formation of community-based organization (SHGs, farmer's club and youth group) which are further capacitated on skill building, health and social issues. With the help of youth group and SHGs we are targeting the women and child health needs of the focused population. The groups are given training on health & hygiene, reproductive & sexual health, nutritional guidance and positive life style. Under this project we also have community centers to enhance the level of information, education and communication within the community. Another aspect of the project deals with the livelihood promotion and social inclusion services to the poor and low-income women by creating livelihood opportunities and skill building in collaboration with local governance and government departments.

#### **Major Activities**

- Formation & Strengthening of community-based groups
- Promotion of alternative livelihood opportunities through skill & vocational programmes
- Medical check & Health Awareness camps
- Community Awareness programmes
- Tuition classes for poor & needy children
- Promotion of active participation of SHG members in local governance through regular meetings & workshops on Panchayati Raj System.
- Establishment of community resource centers.

Promoting Community Based Approaches for Sustainable Livelihoods and Good Governance in Marginalized and Fragile Areas of Jammu		
Dopor: Misoroor	Location: P.S. Pura, Mandal & Nagro	sto.

Donor: Misereor	Location: R.S. Pura, Mandal & Nagrota
Project Period: Oct 2018 - Sept 2021	Project Cost: 98,84,296.00

The project is catering the need of 1100 families living in the 35 villages of R.S. Pura, Nagrota & Mandal Blocks. It aims to facilitate and promote the livelihood opportunities by strengthening the agriculture practices and evolving farming allied activities as an alternate source of income to the target families. It also deals with the promotion of multi stakeholder dialogue, institutional linkages for accessing rights, entitlements, government services, schemes and contributes towards effective grassroots governance.

The project envisages supporting community-based groups in leveraging their collective power for a sustained civil society action which addresses emerging concerns and needs of the marginalized. Communities and its groups will be encouraged to engage with different structures, institutions, civil society organizations that promote people's power and their constitutional rights and responsibilities in a democratic and peaceful manner. The project will also encourage target people to reap the benefits of the government programmes meant for the people in general and marginalized in particular. An interface between government officials and communities will be developed and further strengthened through proactive approaches of community-based groups.

### **Major Activities**

- Formation & Strengthening of community-based groups
- Promotion of community led farmers field school
- Capacity building of SHGs on Agri & Non-Agri activities
- Promotion of Backyard Poultry
- Livestock Management training

- Awareness programmes on rights & entitlements
- Participatory Knowledge Centers
- Skill up-gradation development programme for youth

Strengthening of Grassroots Governance and Empowering affirmative action in 10 villages of Nagrota Block-Phase II	
Donor: Manos Unidas	Location: Nagrota
Project Period: July 2018 – June 2021	Project Cost: 59,63,277.00

# **Project Synopsis**

Democracy and development require the deepening of the process of participation of people on the one hand and effectiveness of institutions of governance on the other. Participation of people brings in the sense of belongingness and ownership and the second instills a sense of responsibility and urgency about the achievement of developmental objectives. Institutions like Gram Panchayats play a pivotal role in actualizing the objective and their effectiveness. Strengthening the affirmative action for accountable and transparent governance to provide fair access for rights and entitlements and raising the voices of the vulnerable and marginal population is one of the key focus of this project.

Thus in order to have vibrant self-governing structure in place, the whole PRI needs to be strengthened. Thus our main purpose of the existing programme was to organise the people into various groups, create awareness on the concept of PRI and good governance, building purposeful relations with the local bodies, create conducive environment for Gram Sabha meetings and ensure maximum participation of people.

#### Major Activities:

- Sensitization cum awareness generation on RTI and PSGA
- Capacity building of PRIs
- Networking with Panchayats and Block Office and DC office.
- Entrepreneurship Development for youths, especially the girls
- Establishment of Activity Centers for the children from the marginalized populace.
- Income Generation through revolving fund for the SHGs
- Public Infrastructure equity study

Inclusive development for the children and youngsters with disability	
Donor: Jan Vikas Samiti	Location: Mandal, Bishnah
Project Period: On-going	Project Cost: 9,22,600.00

### Project Synopsis

The project aims to promote child's education and self-dependence through proper special schooling and vocational activities. If required, we also provide medical treatment for the child. We Sensitize families of the differently challenged persons, empower them to integrate them in a family and in the larger community and to make intervention for the normalization of the persons through home-based training making use of the ordinary articles and simple teaching aids. Moreover, their health is our top priority that is why we provide them proper medical care and therapies (Physiotherapy & Speech). To provide excellent care and special education to the children with wide range of needs such as speech and language delays, physical delays, visual and hearing impairments, undiagnosed conditions and rare conditions.

# **Major Activities**

- Liasoning with health professionals. Our children are involved with various professionals such as speech therapists, physiotherapists and occupational therapists who we have a very strong relationship with. We also refer to many of these services
- Adhere the special educational needs code of practice, which sets out guidance and procedures aimed at ensuring children reach their full potential, and are fully included in the Centre.
- support each child, we devise a plan of targets in partnership with parents and careers and other professionals supporting the individual child.

Women Empowerment through Inclusive Development in 20 villages of Akalpur	
Donor: Manos Unidas	Location: Akalpur
Project Period: Apr 2016 – Mar 2019	Project Cost: 38,80,200.00

The project aims at enhancing the social, economic, educational and health standards of people in the villages of Akalpur area. The project area consists of 20 villages of Marh and Kotbhalwal blocks of Jammu District in Jammu And Kashmir State. The project specific focus is on empowering women and also addressing the sanitation issues of the target villages. Various programmes of the project have brought together the socially backward community to work towards inclusive development. Capacity building trainings are promoting local leadership in PRI (Panchayat Raj Institutions) and village level government programmes like ASHA, AWW, GNM in block hospital, etc.

Community-based Disaster Risk Reduction Project - SHIRKAT	
Donor: Caritas India	Location: Pulwama
Project Period: Completed (Mar '19)	Project Cost: 50,10,338.00

The project focuses on assessment by involving community and the Task Force in particular which includes vulnerability mapping, risk assessment and resource inventory development leading to early identification of signs of disaster, increased level preparedness and effective response to disasters, leading to mitigation of disaster. The project also capacitated the Community Based Groups (CBG) by involving them in entrepreneurship development programmes and link them with concerned departments.

### **Major Activities**

- Formation & capacity building of different community-based groups like, Mahila Mandals, Youth groups, Farmers Club, Village Monitoring team etc. in all the target villages.
- community awareness on governance and other issues like Public service delivery schemes, Mother and Child Health, Water and sanitation, Hygiene etc.
- Formation and Strengthening of Task Forces in all the selected villages & Capacitating the Task Forces on the concept of participatory disaster preparedness.
- School awareness programme on Disaster Risk Reduction and Social Security.
- Annual Consultation of the formed CBGs once in a year to inculcate the sense of belongingness in the community, to provide exposure and to provide opportunity to share their achievements, Challenges, best practices and their shared goals with the larger group.
- Involvement of the CBGs with ICDS, Schools and other institutions to ensure inclusive development approach and to ensure better public service delivery system.
- Establishing purposeful relationship with district administration and other authorities in order to work in close coordination in any kind of disaster and emergencies.

#### Seminar & Workshops at Organizational level

- Cartias Organized a review of SHIRKAT project at Pahalgam on 14<sup>th</sup> and 15<sup>th</sup> December. The
  objective of the review was to consolidate the project the project results and also to plan for the
  extension of the project based on the results and response from the communities.
- In the month of January we had 4 days workshop on debriefing of last peace project and writeshop for new proposal organized by CARTIAS INDIA. It also involved school teachers and members of Navjeevan society, Jalandhar. Last three days we had detailed team work on proposal writing which was headed by Mr. Prakash Layak & Mr. Amit Kumar from ASK organization.
- A three member's team comprising of 1 Program Manager, 1 Project Associate and 1 Community Mobilizer were selected for the exposure program on 21<sup>st</sup> January 2019 to learn and understand People led Development approach through institutional as well field-based learning.
- One day project review was organized for the Misereor supported programme on 10<sup>th</sup> of March in CSSS office. The programme was attended by all the project staff and it started with the presentation by the staff from both R S Pura and Nagrota unit regarding the activities that are being carried out and about the achievements and challenges.
- Cartias India organized a 4-day proposal development workshop in Srinagar to prepare proposal for the extension of Shirkat Project in Kashmir. The workshop began on 19<sup>th</sup> March and concluded on the 23<sup>rd</sup>.
- One day project review was organized for the Manos Unidas supported programme on 27<sup>th</sup> of March in CSSS office. The programme was attended by all the project staff and it started with the presentation by the Field Supervisor regarding the activities that are being carried out and about the achievements and challenges.
- Second review meeting of Manos Unidas supported project "Sustainable Livelihood Enhancement in 14 border villages of Bishnah & Arnia took place on 29<sup>th</sup> March 2019 at Sevaniketan Kunjwani.

#### Participation in competitions/ events

- An exposure visit was organized for the staff of St. John's Rehabilitation center, Mandal to St. Francis Home, Pathankot. Fr. Xavier Kujur and Dr. Shervinder Kour (Rehabilitation coordinator) also accompanied them.
- A competition was organized by Jigar foundation (NGO-JAMMU) on the event of Disability day at Jammu University on 3<sup>rd</sup> Dec. St. John's Rehabilitation Center participated in the competition and they were presented a participation trophy.
- A competition was organized by BELOVED GRACE (NGO-JAMMU) on the event of Disability day at Jammu University. Students of St. John's Rehabilitation center participated in the competition.
- A competition for specially abled children was organized by Star Communications (Event Management Company) on 10<sup>th</sup> of February 2019 at Auditorium of Information Department, Bahu Plaza, Jammu.Dr. Aijaz Ashai (Bollywood celebrity and physiotherapist). Total of 11 students from our St. John's Rehabilitation center, Mandal participated in the painting competition.
- The project in R.S. Pura along with Bishnah team presented an awareness skit on "Matdaan" especially to sensitize women voters.

- A team of Delhi Doordarshan came for two days visit to R.S. Pura area. Their objective was to cover the farmer and SHG entrepreneurs of R.S. Pura block working in association with Krishi Vigyan Kendra. Doordarshan team visited village Kaloyan and interacted with our progressive farmer club members.
- PRAGATI SHG and NISHA FARM GROUP of R.S. Pura unit participated in National conference on Women Empowerment through Agro Entrepreneurship for Livelihood Security at Main campus, Chatha SKAUST.
- SHG leader Ms. Reeta Devi was facilitated at International Women's day & stakeholders' workshop organized at ICAR- Atari, Ludhiana on 8<sup>th</sup> March 2019.
- On the occasion of Mahila Kisan Diwas around 100 progressive farm women from R.S. Pura area participated in the Mahila Kisan Diwas programme. The chief guest of the programme was Dr. Bharat Bhushan, Director social welfare Department J&K.
- PRAGATI SHG group of R.S. Pura area participated in the event Women Empowerment 2018 at Hotel RAMADA from 22<sup>nd</sup> to 24<sup>th</sup> June. The exhibition witnessed number of people including various dignitaries from government as well civil society.
- Farmers and SHG group members of R.S. Pura area participated in Live telecast and video conference with Prime Minister organized by Directorate of Extension, SKAUST at KVK on 20<sup>th</sup> June 2018.

#### **Community Based Programmes**

- International Women's Day was celebrated at village Balachak in which more than 100 women participated.
- Farmers training on Mushroom cultivation was conducted in R.S. Pura area in the month of Sept and October both at Krishi Vigyan Kendra and in the villages. The entire training programme took almost two months to be fully completed. 18 farmers including men and women participated in the training programme.
- An awareness program was organized on 6<sup>th</sup> of October about "DISABILITY SCHEMES BY GOVERNMENT" at Fatima Convent School, Bishnah. There were around 40 people present on the occasion including the parents of the children.
- A psychiatric checkup was arranged on 30<sup>th</sup> Aug for the children of St. John's Rehabilitation center.
   Children along with their respective parents were taken to Govt. Medical College.
- The project in Akalpur conducted Six days of Capacity Building Trainings for the youth groups and 283 young women participated in them in the months of April, May & June. The topics covered in these trainings are STI & UTI, PCOD& PMS
- Farmers training on Mushroom cultivation was conducted in R.S. Pura area in the month of Sept and October both at Krishi Vigyan Kendra and in the villages. The entire training programme took almost two months to be fully completed. 18 farmers including men and women participated in the training programme.
- An awareness program was organized on 6<sup>th</sup> of October about "DISABILITY SCHEMES BY GOVERNMENT" at Fatima Convent School, Bishnah. There were around 40 people present on the occasion including the parents of the children.
- During the year 5 medical checkup camp conducted in border villages of Arnia area. Altogether 550 people enrolled their names for the camps out of which 450 for General Health checkup and 100 for Dental checkup.